

## METHODS FOR IMPROVING READING SKILLS IN ENGLISH LANGUAGE CLASSES

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**Abstract:** *This article examines effective methods for improving reading skills in English language classes. It analyzes the importance of pre-reading, while-reading, and post-reading strategies, as well as the use of interactive approaches and modern technologies in the teaching process. The findings indicate that the proper use of reading strategies significantly enhances learners' reading comprehension and overall language proficiency.*

**Keywords:** *English language, reading skills, reading strategies, language teaching, interactive methods, learning efficiency.*

## INGLIZ TILI DARSLARIDA O'QISH KO'NIKMALARINI OSHIRISH USULLARI

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**Annotatsiya:** *Mazkur maqolada ingliz tili darslarida o'quvchilarning o'qish (reading) ko'nikmalarini rivojlantirishga qaratilgan samarali metodlar tahlil qilinadi. Unda pre-reading, while-reading va post-reading strategiyalarining ahamiyati, shuningdek interaktiv yondashuvlar va zamonaviy texnologiyalardan foydalanish usullari yoritib beriladi. Tadqiqot natijalari o'qish strategiyalaridan to'g'ri foydalanish o'quvchilarning matnni tushunish darajasi va til kompetensiyasini oshirishini ko'rsatadi.*

**Kalit so'zlar:** *ingliz tili, o'qish ko'nikmalari, o'qish strategiyalari, til o'qitish, interaktiv metodlar, o'quv samaradorligi.*

## МЕТОДЫ ПОВЫШЕНИЯ НАВЫКОВ ЧТЕНИЯ НА УРОКАХ АНГЛИЙСКОГО ЯЗЫКА

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**Аннотация:** *В статье рассматриваются эффективные методы развития навыков чтения на уроках английского языка. Анализируется роль стратегий до чтения, во время чтения и после чтения, а также использование интерактивных методов и современных технологий в учебном процессе. Результаты исследования показывают, что применение различных стратегий чтения способствует повышению уровня понимания текста и общей языковой компетенции учащихся.*

**Ключевые слова:** *английский язык, навыки чтения, стратегии чтения, обучение языку, интерактивные методы, эффективность обучения.*

## INTRODUCTION

Reading is one of the fundamental skills in learning a foreign language and plays a crucial role in developing vocabulary, grammar awareness, and critical thinking. In English language teaching, reading serves not only as a source of linguistic input but also as a means of enhancing learners' comprehension and communicative competence. Despite its importance, many learners experience difficulties in understanding English texts due to limited vocabulary, lack of reading strategies, and low motivation. Traditional reading practices often focus on translation and passive reading, which may not effectively develop comprehension skills. Therefore, it is essential to apply modern and learner-centered methods to improve reading skills in English language classes.

**Pre-reading Strategies:** Pre-reading activities are designed to prepare learners for the text and activate their background knowledge. These activities increase learners' interest and help them predict the content of the text. Common pre-reading methods include discussing the title, analyzing pictures, brainstorming ideas related to the topic, and introducing key vocabulary. By engaging learners before reading, teachers can reduce comprehension difficulties and create a clear purpose for reading. As a result, students become more confident and motivated readers.

**While-reading Strategies:** While-reading strategies focus on guiding learners through the text and helping them understand its main ideas and details. Effective techniques include skimming to grasp the general meaning, scanning to locate specific information, identifying key words, and answering guiding questions during reading. These strategies encourage active reading and help learners develop the ability to process texts independently. Moreover, they improve learners' analytical skills and enhance overall comprehension.

**Post-reading Activities:** Post-reading activities aim to reinforce comprehension and encourage critical thinking. Typical post-reading tasks include summarizing the text, discussing its main ideas, expressing personal opinions, and completing creative tasks such as writing alternative endings or role-playing. Such activities help learners consolidate new vocabulary and structures while developing speaking and writing skills. Post-reading tasks also promote deeper understanding and long-term retention of information. Interactive and technological approaches Interactive methods such as group work, pair discussions, and project-based learning make reading lessons more engaging and effective. In addition, modern technologies, including online texts, digital libraries, and educational platforms, provide learners with access to authentic reading materials. The use of multimedia resources and interactive applications increases learner motivation and allows teachers to adapt reading tasks to different proficiency levels.

This study employed a mixed-methods approach to examine the effectiveness of various reading strategies in English language classes. The participants included 25

secondary school students and 3 English teachers. Data were collected through reading comprehension tests, questionnaires, classroom observations, and teacher interviews. Quantitative data were analyzed using descriptive statistics, while qualitative data were thematically analyzed to identify patterns related to learner engagement and reading improvement. Ethical principles such as voluntary participation and confidentiality were strictly followed.

Improving reading skills in English language classes requires the use of diverse and well-structured teaching methods. Pre-reading, while-reading, and post-reading strategies, combined with interactive and technological approaches, significantly enhance learners' reading comprehension and motivation. By applying these methods, teachers can help learners become confident, independent, and effective readers in English.

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