

MORPHOLOGICAL FEATURES OF THE INFLUENCE OF GENETICALLY MODIFIED SHADOW ON THE HEPATOBILAR SYSTEM IN THE EXPERIMENT

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Annotation: *In recent years, the widespread use of genetically modified products in the food industry requires a thorough study of their effects on the body. In this study, the influence of genetically modified soybeans on the hepatobiliary system, in particular, on the morphological state of the liver, was assessed under experimental conditions. The experiments were conducted on white outbred rats and analyzed macroscopic and microscopic indicators of the liver, as well as the main biochemical markers in the blood. The obtained results showed that the consumption of genetically modified soybeans leads to significant morphological and functional changes in liver structure.*

Keywords: *gen-modified shade, hepatobiliary system, liver, morphology, experimental research.*

INPUT

The issue of stable provision of the population with food products is one of the urgent problems facing modern society [2,11,17,21]. To meet this need, products based on genetically modified organisms are widely used. In particular, genetically modified soybeans occupy one of the leading positions in the global food market [3,7,13,19].

At the same time, there is a growing number of scientific data that long-term consumption of genetically modified products can cause various pathophysiological changes in the human and animal body [1,8,14,22]. In the literature, it is noted that against the background of consuming genetically modified soybeans, functional and structural changes are observed in the liver, kidneys, and reproductive system [5,10,18].

The hepatobiliary system is the central link in metabolic processes in the body. Detoxification, protein, fat, and carbohydrate metabolism are carried out through the liver. Therefore, potential toxic factors in food are primarily manifested in the morphology and function of the liver [6,12,15].

This study is aimed at morphological and biochemical assessment of the effect of genetically modified soybeans on the hepatobiliary system in the experiment [4,9,16,20].

Materials and methods

The research was conducted experimentally. 90 white outbred male rats weighing 160-180 g were involved in the experiment. The animals were divided into three groups: the control group and the experimental groups, which were fed genetically modified soybeans.

The animals of the control group were fed with a standard ration. Genetically modified soybeans were added to the diet of animals in the experimental group for a certain period. At the end of the experiment, the animals were decapitated in accordance with standard ethical requirements, and liver tissue was taken for examination.

In the process of macroscopic assessment of the liver, its size, color, consistency, and surface condition were studied. Histological preparations were prepared from liver tissue for microscopic examination and evaluated under a light microscope.

Biochemical analyses were carried out by determining the indicators of alanine aminotransferase (ALT) and aspartate aminotransferase (AST) in the blood. The obtained results were processed using statistical methods, and the level of reliability was taken as $p < 0.05$.

Results

According to the research results, a number of significant changes were detected in the liver of animals that consumed genetically modified soybeans. Macroscopically, liver enlargement, darker color, and softened consistency were observed. The relative mass of the liver was significantly increased compared to the control group by 100 g of body weight.

Microscopic analysis revealed diffuse dystrophic changes in the liver parenchyma. In hepatocytes, edema, vacuolization, elements of fatty dystrophy, and dilation of sinusoids were noted. In some areas, signs of vascular congestion and pericellular edema were encountered.

Analysis of biochemical parameters showed a significant increase in the level of ALT and AST in the blood compared to the control group. This condition is explained by damage to the membranes of liver cells and the release of enzymes into the bloodstream. It was established that there is a direct relationship between morphological changes and biochemical indicators.

Discussion

The obtained results indicate that the consumption of genetically modified soybeans causes structural and functional disorders in the hepatobiliary system. Diffuse dystrophic changes detected in the liver tissue may be associated with an increase in metabolic load and toxic effects.

An increase in ALT and AST indicates the development of cytolysis of liver cells. Compared with the data presented in the literature, the results of this study confirm the hepatotoxic potential of genetically modified products.

The combination of morphological and biochemical changes indicates that the liver condition is an important prognostic criterion in assessing the degree of influence of genetically modified soybeans on the body.

Conclusion

The results of the experiment showed that the consumption of genetically modified soy leads to significant morphological and functional changes in the hepatobiliary system in white outbred rats. An increase in liver volume and relative mass, the

development of diffuse dystrophic processes in hepatocytes, and an increase in the level of liver enzymes in the blood confirm the hepatotoxic effect of this product.

The obtained data indicate the need for widespread use of morphological criteria in assessing the medical and biological safety of genetically modified products.

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